

How do I join an existing Life Group?

Visit our website to select a group that fits your schedule and demographic. The group's Facilitator will contact you to start meeting.

How do I form a new Life Group?

Fill out the registration form online or on paper. Start meeting right away. We'll pair you with a Mentor to support you. The Facilitator will be added to our Flocknote for updates.

What does a Life Group do?

Life Groups CONNECT, PRAY, STUDY the Catholic faith, and SERVE together.

Why join a Life Group?

To grow as a disciple of Jesus Christ and build friendships with others on the same journey.

How can I become a Facilitator?

Start by becoming a Table Leader for the Rescue Project and then form a Life Group from your table members. Register your group and inform us if you are the Facilitator.

Is there training for Facilitators?

Yes, we offer training and support, including a Mentor who will guide you. Attend our training sessions and Facilitator Enrichment Days throughout the year.

How does my Life Group pick a study?

Groups can choose their study material. Consult your Mentor if you need guidance on the content.

How do we find service opportunities?

The Life Group Director provides opportunities through monthly updates on Flocknote.